



## our treatments

treatments

the **foot**rescue™

**foot**rescue™deluxe

**foot**rescue™ express

cryotherapy

surgical needling

toenail surgery

biomechanical

LCN pedique

home visits





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# our treatments

At **foot**rescue™ we pride ourselves on providing the highest quality care and treatment for all our clients. If you would like to know more about our range of treatments, or if you are unsure which treatment would be best for your condition please contact **foot**rescue™ clinic on **01202 483848**.  
(see website for further details)

The following treatments are available at our larger sites, single hand sites will offer the majority of treatments subject to equipment availability and training, full details can be obtained by contacting the relevant location.

Why not follow us on Facebook for special offers and updates on new treatments see website for further details.

**foot**rescue 

[www.footrescue.co.uk](http://www.footrescue.co.uk)



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## the **foot**rescue™

A firm favourite, a general treatment that addresses all the basic needs of your feet. Following a vascular and neurological assessment, your nails are cut and tidied, any corns or hard skin is removed and the skin is moisturised with our advanced range of foot creams.

£31

**foot**rescue+  
+  
rescue

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## **foot**rescue™ deluxe

For those feet that need a little more care and attention. Put the life back into your feet, the **foot**rescue™ deluxe provides the same vascular and neurological assessment of your feet as well as providing more time for the Podiatrist to address all those little areas that make your feet look a little worse for wear. If you feel you have neglected your feet, why not book a little more time to ensure you get the full benefit of care from our experienced staff.

£45



**foot**rescue+  
The logo consists of the word 'foot' in a bold, black, sans-serif font, followed by 'rescue' in a regular weight of the same font. To the right of 'rescue' is a blue plus sign icon.

[www.footrescue.co.uk](http://www.footrescue.co.uk)



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## **footrescue**™ express

Not enough time for a **footrescue**™? try our **footrescue**™ express, ideal if you just need a little help with cutting your toenails, or that troublesome corn, this quick 15 minute option will address the most urgent problems without the frills. Please note the express is not suitable for your first appointment as we will need to perform a vascular and neurological assessment on all our new patients, as such use the **footrescue**™ or **footrescue**™ deluxe for your first visit to us.

£18

**footrescue**+

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## cryotherapy for warts and verrucae

One of the most effective ways to cure your warts and verrucae, research shows this to be the choice of the experts, we don't use small aerosol cans of freezing agents, we use the works, liquid Nitrogen freezes the skin down to -195 degrees triggering the bodies immune system. Your Podiatrist will discuss the process in detail with you and help decide if this is the right one for you. (Alternative treatments are available at our larger branches)

£35

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## surgical needling for warts and verrucae

Also known as needling, this innovative and effective treatment is ideal for stubborn and long standing warts and verrucae. It involves using needles to disrupt the skin cells that carry the wart virus allowing the bodies immune system to attack the lesion directly, but don't worry it is all done with a local anaesthetic so unlike cryotherapy it is virtually pain free. This pioneering approach to treating warts and verrucae is highly effective and often requires just one treatment which makes it an ideal choice for people looking for fast effective resolution of lesions at a reasonable price.

FROM £200

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## toenail surgery

Pain free removal of the nail or corners of the nail plate with chemical avulsion of the nail matrix (where the nail grows from) to provide a permanent solution to those annoying ingrown toenails. The procedure is carried out under local anesthetic, which involves a small injection into your toe, although pain is subjective, most of our patients find the injection to be virtually pain free. The cost includes a redressing pack and your first re-dressing appointment following surgery.

**(one toe)** £250

**(two toes)** £375

**(three or more toes)** from £450

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## biomechanical assessment

An assessment of the mechanics of the lower limb and the forces exerted by muscles and gravity on the skeletal structure. This allows our Podiatrists to look at the whole body in terms of posture and movement so as to determine the underlying cause of your symptoms. At **foot**rescue™ we believe there is no substitute for experience when it comes to offering patients the very best in biomechanical assessments. We are able to add to that experience with the reassurance of accurate foot measurements using our advanced 3 dimensional foot scanner to ensure you get the best possible orthotics for your condition

£60

**foot**rescue+  
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## LCN Pedique (Nail replacement system)

LCN Wilde-Pedique Plus is a UV gel specifically for toe nails, developed with the help of Podiatrists. LCN Wilde-Pedique Plus is a gel system designed specifically for toenails. It is an extremely elastic UV gel, which adapts to the movements of the toe. It's unique adhesive properties mean that good results can even be achieved where there is little remaining nail plate or the toenail is deformed. It has anti-fungal properties, the "Plus" is the anti-mycotic agent Olamine Piroctone to protect against fungal infection. LCN Wilde-Pedique Plus is effective on scaly nail surfaces, for correcting ridges and deformities, for hiding discolouration and for the sport enthusiast as a way to protect toenails.

**(1 nail)** £31

**(2 nails)** £45

**(3 or more nails)** from £60

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## home visits available

The reassurance of a properly qualified and experienced foot specialist providing treatment in the luxury of your own home, we bring all the equipment, you just provide the feet.

+ individual visit

£50

+ couples or 2 together

£75

**foot**rescue+  
The logo features the word 'foot' in bold black, 'rescue' in a lighter black font, and a blue plus sign to the right.

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